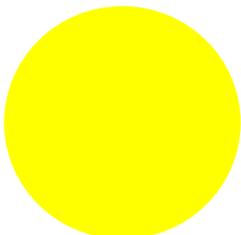
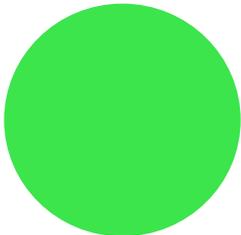
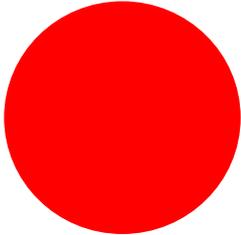


# Psychomotor Education Society Of South Africa

Newsletter Term 2 - 2012



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## **Welcome**

We hope you all had a very good term.

In this newsletter we would like to give you some interesting information. The proof of the registration of the EIA (17 March 2012) from Tours is available on request from Michele.

## **Translation**

We would like to thank Martine De Marrousem for the translation of the first chapter of B. Aucouturier's book. He was very pleased with it and gave us permission to translate any other chapter, if we feel the need to do so. We are also pleased to report that Aucouturier's last book,

"The Difficult Child at school", will be published in Canada. Martine has sent a message to the publishers in Canada and asked if she could translate the book and if they can publish it in English. We are currently waiting for their reply.

## **PPA**

We had the PPA meeting on the 21 April 2012. We were very pleased to see so many members attend this very worthwhile meeting. This is such an important part of the psychomotor education and very interesting guidelines were handed out at the meeting. We would like to remind all the

members who did not attend the PPA meeting that you must update each year to be able to continue to practise psychomotor. The next PPA meeting will be held on the 18 August 2012.



### **Bernard Aucouturier's visit to SA**

We are thrilled to announce that B. Aucouturier has confirmed that he would be able to come to South Africa early next year. He will be here for a week where he would give a 3 day training course. This goes without saying that this is once in a life time opportunity, NOT to be missed! Unfortunately we are unable to give specific dates as yet, but it will be during the school term and will take place during a weekend (to accommodate all the teachers). For us to be able to make this happen, we need all members who would like to join the training to pay R500p/p. We would encourage everyone to please pay this as soon as you can so that we can begin to make the necessary arrangements and book his flight.

If you need more information please don't hesitate to contact Michele.



Please pay the training fee into the **PEISA** account. Use your name and the word "Aucouturier" as reference. Please could you also email the proof of payment to [marleneallerston@yahoo.com](mailto:marleneallerston@yahoo.com)

Banking Details:

Nedbank

Account name: PEISA

Account number: 134 535 955

Branch number: 1340 2500

Student- Susanne Noël



Susanne interacting  
with the children at  
Matimatolo

Susanne, From "Haute ecole de la Province de LIEGE", Belgium, spent 6 weeks in Pietermaritzburg invited by PEISA. She was based at Sunnylea, but she had the privilege to go to many schools. Susanne saw the running



of psychomotor in rural areas (Matimatolo, Dalton), which was new to her. She wrote and sent us a report of 40 pages that she had to complete for her studies. In the report she explained how to use the Aucouturier method in an Africa context.

Her visit was very enlightening. She shared her ideas and knowledge with us as well. Susanne was very helpful and left with new insight of how psychomotor is done in South-Africa . We would like to take this opportunity to thank Susanne for her visit. We would also like to warmly thank all the people who hosted and helped Susanne while she was here. A special thank you to Mary-lou, Michele and Lynne.

### A letter from Susanne

*"I'm a student from Belgium and I specialize in the psychomotor domain. I visited South Africa for 6 weeks for some hands-on-training in the psychomotor domain at PEISA. I got in touch with Michèle through the lady who I met whilst doing my hands-on-training in Belgium. She had met Michèle at the psychomotor conference in Tours (France) in October last year.*

*We agreed that I would go to Pietermaritzburg from the 10th of April to the 19th of May. Most of the time I worked with Michèle and she showed me lots of different pre-primary schools where she or other psychomotor teachers, formed by PEISA, worked. I visited Jacaranda, Settlers Park, Ridge, Dalton, Cord Walles and Wykeham. I also spent 4 days with Jane at Clifton.*

*Mostly, I worked with the team from Sunny-lea. Most Mondays and Tuesdays I accompanied Lynn, who gives every day psychomotor lessons for her group of children. Every Wednesday, I participated in the psychomotor lessons given by Michèle and at the end of this practice, I gave my own lessons too.*

*I participated in the begin of the new psychomotor project in Matimatolo and went 4 times with Michèle and Mary-Lou to the pre-primary school of Matimatolo. I observed how they introduced psychomotor in this school and trained 8 teachers from 4 different schools in psychomotor.*

*Additionally, I had the opportunity to see how Michèle works every Wednesday with the Toddler group and to participate in some teacher trainings of level 1. During all the time I spend at Pietermaritzburg, I saw, learned and experienced a lot when I lived with Mary-Lou.*

*And now I want to use the opportunity to thank all the people I met during my time in South Africa and with who I worked during this 6 beautiful and very life-enhancing weeks. Especially, I want to thank Michèle, Mary-Lou and Lynn who took care of me so friendly and affectionately. I learned so much from you and I will never forget this special time with you. I really felt like a part of the "PEISA-family". THANK YOU*

*Susanne"*



## Psychomotor Education Program

Psychomotor education is a developmental-based and preventative/educative/therapeutic approach, the aim of which is to support and aid an individual's personal development.

At Northside Montessori this programme supports the child's global development. Babies from 6-36 month olds attend in carer/child sessions and all 3-6 year old children on both the Northside and Stepping Stones campuses enjoy the support and benefits during in-curriculum classes. Each class Directress and assistant is invited to observe and gain insight into your child's development.

It is based on a holistic view of human beings that considers each individual as a unity of physical, emotional and cognitive actualities, which interact with each other and the surrounding social environment.

### Key Concepts

PPA®\* believes in:

- Freedom of play
- Free movement
- Empathy
- Pleasure of self-expression
- Enjoyment of inner and relational experiences

Goals:

- Emotional well-being
- Development of a positive image of self
- Unity of the body (I'm happy in my own body)
  
- Creativity
- Ability to cope with frustration
- Self-confidence
- Communication
- Social skills

How are these goals reached?

Children are offered a place and a time where they can experience the enjoyment of self-expression and sensory-motor perceptions through spontaneous play, in a safe and non-judgmental environment.

Enjoyment is a very important element in the process of discovery and learning.

Physical and emotional enjoyment helps the discovery and experience of the pleasure of thought.

Thank you for the many shared experiences....

We would like to thank Clare for keeping in touch with PEISA.

## Teacher Training Level 1

### Matimatolo

The level 1 training has started and is proceeding very well. We are happy to report the school is now equipped and that eight members are attending the training under the umbrella of World Vision, Canada. Elaine Osborn, Jenny Zwiers and Soonitha Juggernath accompany Michele and Mary-lou in and are learning how to train future level 1 students.

### Supervisors

The supervisors training is going well and four members, namely Soonitha, Marie-Lou, Lee-Ann and Jane are about to complete their level 3 training and presenting their final project.

We would like to take this opportunity to ask all members who would like to enrol for the Level 3 (Supervisor course) to contact Michele or Rossella. A minimum of five members is required to start a new training.

## Psychological Services

### Rossella

We would like to remind all members that Rossella is offering Psychological Services (Therapy and Assessments) in Pietermaritzburg and in Howick. If you need any information or you need to refer a child, please contact her on 082 757 7070.

Rossella is also available to the PEISA members for consultation after hours.

## General

Soonitha has been standing in for Marlene at Settlers Park this term. She was absolutely amazing and the children enjoyed her lessons thoroughly. Marlene would like to thank Soonitha for helping out.

If anyone has any suggestions, comments or experiences they would like to share, please could you email Marlene. We would love to hear from you.

**If your details have changed, address, contact numbers, schools etc., please let Marlene know.**

**We wish you all a well deserved  
and safe holiday.**

